

# A Green Christmas Calendar 2018

by Greencarrier

*"One tip for each day until Christmas Eve. Join us and contribute to a Greener December!"*

## 1 Shopping, eating or drinking today?

Do it locally. This keeps people employed and circulates money back into your community. At the same time you use less energy to transport yourself.

## 2 Lower the temperature

Using 30° or 40°C when you wash your clothes, instead of 60°, almost cuts the energy used by half.

## 3 Save trees

Every day, people hit the print button without really considering why. Often it's because we're used to seeing things on paper. But do you really need a printed copy? Try to have a print free day today!

## 4 Stay grounded

Are you booking next year's business meetings? Book more online meetings. A return flight from Europe to South East Asia emits 2,5 tons of CO<sub>2</sub>, that is equivalent to driving your car 1500 km a year for three years.

## 5 Go veggie

Meat production is extremely resource-intensive. Challenge yourself and have a meat free day!

## 6 Less water in your life

Some of us use a lot of water, especially in the bathroom. Have a shorter shower and don't leave the tap running when you're brushing your teeth.

## 7 Plastic is not fantastic

Skip the plastic shopping bag if you only buy a few products in your grocery store. For larger purchases, bring your own bag with you.

## 8 Go plogging

Bring your family, friends or colleagues with you next time you go jogging and save the earth. How? Gear up with waste bags and challenge each other to pick up as much waste as possible while running.

## 9 Taste before you waste

Trust your senses more than the best before date on the food in your fridge. Smell and taste before you waste!

## 10 Buy nothing

This is a tough one, but ask yourself: do I really need to consume today? Challenge yourself and have a buy-nothing-day!

## 11 Park the car

Take the bike, walk or use public transport instead of using your car. You'll reduce greenhouse gas emissions and save yourself some money

## 12 Remember your loved ones

Send them a Christmas Greeting, but save some trees and use e-Cards instead of printed cards.

## 13 Last man switches off

Make sure that you always turn off lights and appliances when you leave the room instead of leaving them on standby. This will save energy as well as money!

## 14 Skip the throwaways

Ordering takeout today? Be more eco-friendly and simply ask the restaurant not to include napkins or unnecessary utensils (like straws, cutlery etc.) with your order.

## 15 Think before you act

Reflect before you shop. If something is really cheap, ask yourself: how did the production of this product impact the environment and was it made under fair conditions?

## 16 Make people warmer

December is a very cold month. Go home and search your wardrobe for warm clothes that you don't use anymore and donate them to your closest charity.

## 17 Just don't throw it

Take a few minutes at home and recycle paper, glass, plastic, metal and old electronics. Recycling reduces the amount of greenhouse gas emissions.

## 18 Invest with care

Did you know that your savings may be invested in coal or oil? Contact your bank and ask them to place your money in funds that do not contribute to the global warming.

## 19 Socialize on the road

Carpooling is a way to reduce carbon dioxide emissions, and to get to know your colleagues better. If no one is going your way, join a car share scheme to find a passenger.

## 20 Sharing is caring

If you only need something temporarily, don't be shy to ask if a friend or neighbour would loan it to you instead of buying it. The consumption of new things has a large negative impact on the environment.

## 21 Good food

When you buy meat or dairy, go organic! This is a very important step towards decreasing the negative climate impact of food.

## 22 Clean house for Christmas

Time to tidy your home for Christmas? Remember to use environmentally friendly products and don't use too much of them.

## 23 Decorate with nature

Prepare your home for Christmas by using what nature has to give or use your old items to create unique pieces of Christmas decoration.

## 24 Love the leftovers

Enjoy your Christmas food! And remember to give the leftovers new life by creating new dishes. This will reduce waste and give you more time to enjoy your holiday.

Merry Christmas & Happy New Year!



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